



<b>Job Title:</b> Link Worker	<b>Hours:</b> 35 hours per week predominately Monday to Friday 9am – 5pm with 30 mins unpaid lunch break. Some evening and/or weekend working required with time off in lieu.	<b>Place of work:</b> Various community spaces across Bury, including The Creative Living Centre, Bury Peer Led Crisis Service, 3 Knowsley Place and various outreach sites as appropriate.
<b>Reporting to:</b> Service Delivery Manager	<b>Key responsibility:</b>	<b>Pay:</b> £27,500  <b>Terms:</b> Fixed term contract until 30.06.2026 with a strong possibility of extension

#### THE LIVING WELL TEAM:

The Bury Living Well Service is formed from an alliance of mental health services in the Bury area. The staff team is made up of staff from different backgrounds from Pennine Care Foundation Trust, Bury Involvement Group, the Creative Living Centre, and Early Break, and includes both clinical and non-clinical staff who employ a multi-disciplinary team approach to supporting individuals with significant mental health challenges in the community.

#### JOB SUMMARY

You will form part of the Voluntary, Community, and Social Enterprise (VCSE) provision within the Bury Living Well Model as a member of the Creative Living Centre (CLC) Service Delivery Team. The Link Worker is responsible for case loading adults experiencing mental and emotional distress, offering person-centred and trauma informed support in the community both face to face and via telephone. Ensuring that service users are provided with both initial and ongoing support in either 1:1 or group sessions, as appropriate to their needs which are identified and reviewed on an ongoing basis. You will engage empathically with those you support, providing positive emotional and therapeutic support, through a collaborative approach which focuses on individual strengths rather than deficits, enabling and promoting autonomy and self-care.

You will work alongside clinical staff and staff from other VCSE organisations to form multidisciplinary team approach to collaboratively support individuals in the community. You will be supported by the Living Well VCSE Coordinator, Operational Programme Manager and Clinical Lead. CPD opportunities are available and personal interests/skills will be supported to development and growth. This is a new post and there will be an opportunity to help shape and evolve it.

#### KEY RESPONSIBILITIES



- To integrate and work effectively as part of a multi-disciplinary team using own initiative, personal experience, and job-related training in deciding on the approach and interventions required when working with a person in delivering peer support.
- Work with a caseload of clients referred through the living well pathway
- Conduct thorough needs assessments with participants to develop personalised support and a wellbeing strategy through SMART action planning.
- Provide one-on-one guidance at initial appointments and follow-up appointments, as well as group sessions. Co-managing service users action plans and progress, supporting service users to identify their strengths, personal interests, and goals, to identify steps to improve mental health and wellbeing.
- To support service users to identify and overcome fears through a professional relationship of empathy, trust and honesty, challenge negative self-talk and self-stigmatisation.
- To liaise with carers, other health professionals, statutory and voluntary agencies to enable access to services that will allow for mental health and wellbeing improvement.
- Coordinate referrals to specialist external provision where appropriate. For example; further health provisions, debt advice, housing providers, training provisions and community provisions to explore ongoing support and to address barriers that are negatively impacting mental health and wellbeing.
- To accompany people to appointments/meetings which will allow them to address goals set out in their action plan that will progress their wellbeing strategy.
- Utilise a varied menu of engaging interventions which will address the most significant or pressing barriers that a participant is facing and empower the individual to address these barriers in through a measured and supported approach.
- Partner with outside organisations to compliment, not duplicate, existing support participants have received from other programs.
- Research local support and provisions to ensure appropriate signposting within the community. facilitating access to community groups and networks that enable people to participate within communities to maximise opportunities for taking on socially valued roles and positive identity
- Motivate and encourage participants to remain engaged in their goals.
- Discuss more complex cases with more senior staff and escalate support to the Service Delivery Manager where appropriate.

### Safeguarding

- To receive and contribute to daily handovers, MDT meetings and records to ensure continuity of care for people and to ensure their safety.
- To actively participate in regular line management and clinical supervision including recovery focused group supervision and to identify personal developmental needs.
- Undertake Safeguarding training as appropriate.
- Confidently supporting and reporting/escalating cases of varying complexity to the relevant support services.



- Make judgements as to whether someone is at risk (e.g., of self-harm or suicide) and take initial action according to organisations policies, including involving or notifying more senior staff, completing referrals, and maintaining paperwork;
- Ensuring safeguarding reports and other documentation are maintained.

#### Maintain clear and accurate records of work.

- Ensure all required paperwork is filled in and stored in the appropriate place.
- Input work records to the CLC database
- Update member attendance to courses and sessions on database
- Support with data analysis where needed
- Complete case studies where appropriate in support of work completed with the CLC.

#### General

- Be aware of and comply with the Centre's policies of Confidentiality, Health and Safety, Fire Safety, Supporting Vulnerable Adults (and any other relevant policies), and to follow the staff code of conduct;
- Attend staff, Centre and other meetings as required;
- To be take part in supervision sessions and ongoing training and development opportunities as part of Continued Professional Development; and
- Take part in other duties which are felt to be relevant to the role and which may not be specified above.

This job description is not exhaustive but is intended to give an overall picture of the role. Other duties within the general scope of the post may be required from time to time. The duties of the post and job description can be reviewed through the supervision process.

#### About the Creative Living Centre

CLC offers a person-centered holistic approach to supporting people experiencing poor emotional wellbeing and poor mental health. Being person-centered means we treat people with dignity and respect and help them to develop the knowledge, skills and confidence they need to effectively manage their own mental wellbeing and mental health. This is done in a way that is coordinated and tailored to the needs of the individual. A holistic approach means thinking about the whole person, considering their emotional, occupational, physical, social, intellectual, and spiritual needs.

#### Application Process

Please send a CV and covering letter explaining your motivation for applying for the role and the skills and experience you can bring to it showing that you meet the essential criteria. The closing date for applications is 12<sup>th</sup> February 2025 but may close earlier if a high number of applications received. Please send your applications and any enquiries to [lorna.wilson@creativelivingcentre.org.uk](mailto:lorna.wilson@creativelivingcentre.org.uk). Interviews will take place 17<sup>th</sup> February 2025.